

# Person-First Language

*This page must be completed before moving on to the rest of the patch.*

## **What is person-first language?**

Talking to a person who has a disability but emphasizing on who they are before discussing their disability.

## **Examples of person-first language:**

### **Instead of:**

Disabled, Handicapped

Slow

Hearing Impaired, deaf, mute

Blind, visually impaired

Crippled, lame

Dumb, mute, tongue-tied

Crazy, nuts

Handicapped parking

Suffers from...

### **Say:**

Person with disabilities

Person with an intellectual disability

Person who is deaf

Person who is blind

Person with a physical disability

Person who is unable to speak

Person with a mental health issue

Accessible parking

Person with...